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**ABSTRACT OF THE DISCLOSURE**

585 } A shelving system is disclosed. The shelving system includes a panel having a plurality of support structures, and one or more posts configured to support the panel. One type of support structure includes a pair of opposing beam members having an upper end, a lower end, and an intermediate wall coupling the upper and lower ends. Upper and lower ends of opposing beam members define a plurality of orifices, and a terminal end of the upper end includes a downward projection configured to provide strength and rigidity. Another type of support structure includes a set of alternating opposed cavities defined by a pair of side walls, an upper wall, and a lower wall, where a first cavity is defined by the side walls and the upper wall and a second cavity adjacent the first wall is defined by the side walls and the lower wall.